

# The Supportive Living Program at Cushing Residence

An affordable alternative to assisted living for residents of the Cushing Residence

## Cushing Residence

One Elmwood Farm Drive

Hanover, MA 02339

781-826-6211



*A partnership between St. Coletta's of Massachusetts and Peabody Properties, Inc.*



## **About the Supportive Living Program at Cushing Residence**

The Supportive Living Program at Cushing Residence is a services coordination model that blends and clusters community-based home care services, including the Medicaid Group Adult Foster Care (GAFC) Program, to create a varied menu of program options.

## **What kind of supportive services are available?**

- ✓ Services Coordination
- ✓ Personal Care
- ✓ Light Housekeeping
- ✓ Laundry
- ✓ Shopping
- ✓ Meals
- ✓ 24-Hour Emergency Response System

## **How does the meals program work?**

- ✓ Our meals program provider partner is The Cardinal Cushing School and Training Center.
- ✓ Residents of the Supportive Living Program are required to participate in the meals program.
- ✓ Meals are paid for by the resident at a cost of about \$4 per day.
- ✓ Meals are twice a day, seven days a week.
- ✓ Breakfast is from 7:00AM – 9:00AM
- ✓ Lunch is from 12:00PM – 1:00PM
- ✓ A light evening snack may be requested.

## **How are the supportive services coordinated?**

The Resident Service Coordinator (RSC) meets with the resident to discuss their individual care needs and the eligibility criteria for each of the available supportive services programs.

A referral is made to our home health care agency partner by the RSC. The RSC and the agency's Registered Nurse conduct an assessment to determine the type and frequency of services you may need. An individual Care Plan is developed with the approval of your physician, and consistent with program guidelines.

Each program includes a services agreement with the Care Plan, which is reviewed on a regular basis to accommodate a participant's change in needs.

## **What kind of recreational activities are available?**

- ✓ Arts & Crafts
- ✓ Holiday events
- ✓ Light exercise
- ✓ Young at Heart Club
- ✓ Monthly birthday parties
- ✓ Game nights
- ✓ And more...

## **How are supportive services paid for?**

Nearly all of the supportive services are third-party paid, meaning there is no direct cost to the participant. Some programs have a nominal co-payment depending on income and calculated on a sliding scale. Private pay services may be coordinated.

## **A Truly Affordable Option**

Cushing Residence, located in Hanover, MA, is a 150 unit housing community for elders and persons with disabilities comprised of 144 one-bedroom and six two-bedroom apartments. The development is professionally managed by Peabody Properties, Inc. and subsidized by the U.S. Department of Housing and Urban Development (HUD). Residency is subject to meeting the Section 202 housing program.

The Supportive Living Program at Cushing Residence is unique in that it provides a truly affordable alternative to assisted living. Combining elderly housing with community-based home care services and coordinated social programs, we offer eligible residents an enriched, comfortable, and active lifestyle that promotes the "aging-in-place" concept.

## **Our Facilities**

Cushing Residence offers attractive, state-of-the-art facilities for your comfort and enjoyment.

- ✓ Individual apartments with full kitchens and bathrooms
- ✓ Elegant dining room for daily meals
- ✓ Wellness Center
- ✓ Computer Learning Center with Internet access
- ✓ Library and media room
- ✓ Community function room with kitchen
- ✓ Award-winning grounds for strolls and family visits



Proven experience you can count on.